

<b>400m Dash</b>	<b>Effort</b>	<b>Place</b>	<b>Location</b>	<b>Date</b>
Allyssa Brown	01:09.2	6th	Buckeye Central	5/4/2010
Kim Brown	01:09.5		Shelby	4/10/2010
Allyssa Brown	01:09.7		Bucyrus District	5/20/2010
Allyssa Brown	01:10.0	3rd	St. Paul	4/6/2010
Kim Brown	01:10.3	4th	St. Paul	4/6/2010
Allyssa Brown	01:10.3		New London	5/8/2010
Kim Brown	01:10.6	2nd	Mapleton	3/30/2010
Allyssa Brown	01:10.8		New London Conference	5/12/2010
Allyssa Brown	01:10.9	6th	Ontario	4/15/2010
Allyssa Brown	01:11.0		Shelby	4/10/2010
Allyssa Brown	01:11.1		Northwestern	4/17/2010
Allyssa Brown	01:11.9	3rd	Mapleton	3/30/2010
Allyssa Brown	01:11.9		Seneca East	4/27/2010
Allyssa Brown	01:15.4		Cardington	4/3/2010
Lauren Butcher	01:17.4		New London Conference	5/12/2010
Abby Howell	01:23.0		St. Paul	4/6/2010