

**SHELBY SECTIONAL GIRL'S
TRACK RECORDS**

80 Meter Hurdles	Kelly Dent	Plymouth	11.5	1976
100 Meter Hurdles	Susan Missler	Norwalk St. Paul	15.6	1978
880 Yd. Medley Relay		Carey	1:57.0	1976
100 Yd. Dash	Priscilla Hoffman	Mansfield Christian	11.5	1978
Mile Run	Becky Putnam	Carey	5:36.0	1977
880 Yd. Relay		Wynford	1:51.4	1975
440 Yd. Dash	Becky Wilburn	Wynford	1:01.5	1975
440 Yd. Relay		Wynford	52.1	1975
880 Yd. Run	Vickie Jackson	New London	2:29.9	1978
220 Yd. Dash	Priscilla Hoffman	Mansfield Christian	26.6	1978
Mile Relay		Wynford	4:17	1976
Shot Put	Mindy Wetherill	Danbury	35' 5-3/4"	1976
Discus	Lisa Welly	Carey	102' 9"	1977
High Jump	Regina Harney	Crestline	4' 11"	1977
Long Jump	Lori Niese	NW Buckeye Central	17' 4-1/2"	1978

BOY'S AND GIRL'S
SECTIONAL TRACK MEET
MAY 11 & 12, 1979
SHELBY SR. HIGH TRACK
SHELBY, OHIO

MEET MANAGER - Bill Varble Shelby Sr. High * Phone 419-342-5065 Home Phone 419-347-2843

TRACK* This is an 8 lane (42") all weather track and ONLY $\frac{1}{4}$ " SPIKES may be worn.
Field events are on the same surface, except for the shot and discus, which are on cement.

TIME SCHEDULE - Schedule on page 3.

INSTRUCTIONS - Regulations for Sectional Track Meets published in the April 1979 issue of OHSAA Athlete will be followed. Pages 264, 265, 266 274.

- ENTRIES -
- A. The Entry Form must be submitted on the official entry form sent to you by the OHSAA, accompanied by an eligibility list and check to cover entry fees for each student listed and must be in the possession of the Meet Manager one week prior to the date of the first day of the Sectional Meet.
NOON FRIDAY MAY 4, 1979
 - B. Once an Entry form is submitted to the Meet Manager, no additions or changes may be made in entries. NO EXCEPTIONS.
 - C. There will be an entry fee of \$ 1.00 per individual listed on the alphabetical list portion of the Entry Form. The alphabetical list must include all possible relay teams members as well as students entered in individual events.
 - D. All students on the alphabetical list must be listed on the eligibility certificate which is filed with the Entry Form
 - E. Each school may list four (4) individuals in each of the individual events but a maximum of two (2) individuals may actually compete in an individual event.
 - F. In relay events, a school may enter a maximum of one relay team in each relay event, but the individuals who comprise each relay team must be included on the alphabetical list.
 - G. An individual may enter and compete in a maximum of four (4) events including relays in a given track and field meet.

QUALIFIERS - The number of individuals or relay teams to qualify from each Sectional Meet to the District Meet in each event shall be determined in accordance with the following table. A school must ENTER AND COMPETE a minimum of five (5) students in the Sectional Meet in order to qualify for team designation in computing qualifiers in each event.

TEAMS	QUALIFIERS
1 - 8	2
9 - 12	3
13 - 16	4
17 or more	5

CHECK IN - Coaches are asked to pick up entry information and fill out expense blank information at the south gate (double gate). Report one way mileage from your school and the number of competing athletes at this time.

PACKETS - Pick up packets when you check in at the south gate. They will contain numbers, pins, relay cards, heat sheets. Contestants and coaches will be stamped when they enter the south gate.

DRESSING FACILITIES - NO Dressing facilities at field, facilities at school limited.
3:00 PM that teams arrive dressed.

MEALS - School cafeterias will not be open. Concession stand open at the track.

SCRATCH SHEET - SECTIONAL SCRATCH SHEET must be given to meet manager 30 minutes before first running event or field event. Scratch and replace. *Note Replacement must be one of the four listed for that event on your official entry form.

UNIFORMS - All contestants are to comply with the rules regarding running uniforms and are to wear competitors numbers. Members of relay teams are to dress according to the rules.

STARTING HEIGHTS - Will be determined by the GAMES COMMITTEE on the basis of submitted entry information. Two minute rule applied to all field events.

SHOT PUT, DISCUS, *Immediately after prelims. Seven (7) finalist will take three(3) final trials.

LONG JUMP

POLE VAULT

Pole Vault to completion.

MARKING MATERIAL - Chalk may be used on the track surface as a reference point for outgoing runners. No other marking material is permitted. *Note - Coaches remind your runners not to use their spikes for making marks on the track.

WEIGH-IN -

WEIGH - IN - White shed at the north end of the track. All shot and discus are to be weighted, marked and gauged at the time of check in.

COACHES MEETING - NO COACHES MEETING - Direct any questions prior to meet with meet manager.

ADMISSION - Students \$ 1.50 Adults \$ 2.50

SCORING - Six (6) places

Points 10 - 8 - 6 - 4 - 2 - 1

JURY OF APPEALS - The games committee shall serve as a jury of appeals. They will serve in an advisory capacity only if the referee wishes to consult with it. They have no authority to change a referee's decision, but may recommend a change. The games committee shall consist of the meet manager, referee, 4 coaches and two registered officials.

LANE ASSIGNMENTS - Lane assignments in the preliminaries and finals shall be determined by the Games committee in accordance with Rule 9-2-3. Preferred Lanes.

ORDER OF EVENTS FOR SECTIONAL TRACK MEETS

FRIDAY MAY 11, 1979

3:30 P.M. Pole Vault4:30 P.M.

Shot Put (Boys)
 Discus (Girls)
 100 Meter Hurdle Prelims (Girls)
 120 Yard Hurdle Prelims (Boys)
 880 Medley Relay Prelims (Girls)
 100 Yard Dash Prelims (Boys)
 100 Yard Dash Prelims (Girls)
 880 Relay Prelims (Girls)
 440 Prelims (Boys)
 440 Prelims (Girls)
 440 Yard Relay Prelims (Boys)
 440 Yard Relay Prelims (Girls)
 300 Meter Hurdle Prelims (Boys)
 220 Yard Dash Prelims (Girls)
 220 Yard Dash Prelims (Boys)
 Mile Relay Prelims (Girls)
 Mile Relay Prelims (Boys)

Proceed at best possible pace.

SATURDAY MAY 12, 1979

10:00 A.M.

Shot Put (Girls)
 Discus (Boys)
 Long Jump (Boys)
 High Jump (Girls)

2 heats
 300 meter
 semi-

100 Meter Hurdle Semis (Girls)
 120 Yard Hurdle Semis (Boys)
 100 Yard Dash Semis (Girls)
 100 Yard Dash Semis (Boys)
 220 Yard Dash Semis (Girls)
 220 Yard Dash Semis (Boys)

12:00 P.M.

High Jump (Boys)
 Long Jump (Girls)

1:00 P.M.

100 Meter Hurdle Finals (Girls)
 120 Yard High Hurdles Finals (Boys)
 880 Medley Relay Finals (Girls)
 100 Yard Dash Finals (Boys)
 100 Yard Dash Finals (Girls)
 Mile Run Finals (Boys) Heats as needed.
 Mile Run Finals (Girls) Heats as needed.
 880 Relay Finals (Girls)
 440 Yard Dash Finals (Boys)
 440 Yard Dash Finals (Girls)
 440 Relay Finals (Boys)
 440 Relay Finals (Girls)
 300 Meter Hurdle Finals (Boys)
 220 Yard Run Finals (Girls) Heats as needed.
 220 Yard Run Finals (Boys) Heats as needed.
 220 Yard Dash Finals (Girls)
 220 Yard Dash Finals (Boys)
 Two Mile Run Finals (Boys) Heats as needed.
 Mile Relay Finals (Girls)
 Mile Relay Finals (Boys)

Proceed at best possible pace.

Sprint and Hurdle races (100, 220, Hurdles)

Preliminaries: 4 heats of 8 qualify 4 to Semis.

Semis: 2 heats of 8 each qualify 4 to finals in each heat.

✓ 300 Meter Hurdles and 440 Yard Dash.

Qualify 8 fastest times to the finals

semi-finals

Relay Races: 440 Relay, 880 Relay, One Mile Relay, 880 Medley Relay
 Qualify 8 fastest times to the finals.

1st 4th LANE
 and 5th LANE

except

880 medley
 1st LANE
 mile Relay

880, mile LANE
 Box 1 - preference

GENERAL INSTRUCTIONS

1. 120 YN, 100 Meter Hurdles, 100 , 220 Yard Dashes - Prelims
 1st 4 runners advance to Semi-finals.
 1st 4 runners from each Semi-final heat advance to finals.
2. 300 Meter Hurdles, 440 Yard Dash - Prelims
 8 fastest times advance to finals.
3. 880 Medley Relay, 440 Yard Relay, 880 Yard Relay, and Mile Relay - Prelims
 8 fastest times advance to finals.
4. Scoring 6 places. Points 10 - 8 - 6 - 4 - 2 - 1
5. Have runners report to the alert of course on first call.
6. Stagers -
 1 Turn stagger - Green line
 2 Turn stagger - Red line
 4 Turn stagger - Blue line
7. 880 Yard Run, Mile and 2 Mile - Finals
 1 Turn stagger - Green - Start in boxes , run in lanes first curve
 to orange cones and breakline.
8. 880 Yard Medley Relay - 110-110-220-440
 2 Turn stagger - Red - First lap in lanes.
 1st exchange Red to Red exchange lines.
 2nd exchange Red to Red
 3rd exchange Yellow to Yellow - 440 Yard Runner may break at the end
 of the exchange zone. Orange cones.
9. 880 Yard Relay 220-220-220-220
 4 Turn Stagger - blue - Lanes all the way.
 1st exchange Yellow to Yellow
 2nd exchange Yellow to Yellow
 3rd exchange Red to Red.
10. 440 Yard Relay 110 - 110 - 110 - 110
 2 Turn Stagger - Red - Lanes all the way.
 All exchange zones Red to Red
11. Mile Relay 440 -440 -440 -440
 2 Turn stagger - Red
 1st Runner lanes all the way
 Exchange zone Yellow to Yellow
 2nd 440 runner can break at the end of the exchange zone. Orange cones.
 3rd and 4th runners California exchange.
12. Field Events;
 Pole Vault - To completion
 High Jump - To completion
 Shot Put - Top seven to finals - 3 Throws
 Discus - Top seven to finals - 3 Throws
 Long Jump Top seven to finals - 3 Jumps

Team Area

Shot Discus Shot

Warmup Area

Shot Put

Discus

Javelin

No. 10

Fence

Score Table

High Jump

300 Meters

Coach's seating

Chalk Only

Attention: 1st Spike Univ.

in order to manage on track

to get a better on head with soldiers

Chalk Only

Teacher
sitting
last 2 rows
in bleachers

1. Admission Card No. 1 1st Boyle's Chive
 2. Boyle's Chive Boyle's Chive
 3. Boyle's Chive Boyle's Chive
 4. Boyle's Chive Boyle's Chive
 5. Boyle's Chive Boyle's Chive
 6. Boyle's Chive Boyle's Chive
 7. Boyle's Chive Boyle's Chive
 8. Boyle's Chive Boyle's Chive
 9. Boyle's Chive Boyle's Chive
 10. Boyle's Chive Boyle's Chive