

Flynn High School Track and Field Records 1954-74

120 Yd. High Hurdles	15.7	Bob Conley	1964
100 Yd. Dash	10.	Jim Adams	1970
One Mile Run	4:11.	Greg Cashman	1954
Half-Mile Relay	1:33.4	Lee Wilkins, Jim Collins	
440 Yd. Dash	52.5	Jacques Daup, Jim Adams	1970
180 Yd. Low Hurdles	21.0	Brad Buzard	1973
880 Yd. Run	2:02.35	John Conley	1970
220 Yd. Dash	22.5	Jim Sutter	1972
Mile Relay	3:36.8	Jim Adams	1970
		Mike Hamman, Mike Reed,	
		Don Cunningham, Brad Buzard	1973
Two Mile Run	10:00.7	Mike Adams	1973
Pole Vault	12'10"	John Conley	1972
Shot Put	48' 1 3/4"	Wayne Kok	1970
Discus	157'6"	Bill Van Wagner	1971
Long Jump	21'9"	Jim Adams	1971
High Jump	6'	Dick Stroup	1964
50 Yd. Dash	5.7	Jim Adams	1970
50 Yd. Low Hurdles	6.5	John Conley	1971
50 Yd. High Hurdles	7.5	Wayne Kok	1970
Long Jump Relay	55'7 1/2"	Jim Adams, Dean Cline,	
		John Conley	1971
High Jump Relay	10' 9"	Lee Wilkins, John Conley,	
		Mike Beard	1971
Shot Put Relay	114' 7 1/2"	Bill Van Wagner, Joe Bauer	
		Wayne Blankenship	1972
Discus Relay	338'2 1/2"	Bill Van Wagner, Pete Haver,	
		Mike Beard	1971
Distance Medley- 880,440,1200,Mile	11:53.4	Jim Sutter, Mike Beard,	
		Carl Gasparac, Bill Hamilton	1970
Distance Medley- 880,220,440,Mile	8:45	Jim Sutter, Mike Beard,	
		Dave Howard, Tim Nesbitt	1971
2 Mile Relay- 4/ 880	8:49.7	Ken Lucas, Mike Courtright,	
		Mike Adams, Ralph Noble	1973
4 Mile Relay-	19:39.6	Mike Adams, Steve Adams,	
		Mike Courtright, Ken Lucas	1973
440 Yd. Relay	46.5	Jim Adams, Dean Cline,	
		Jim Collins, Lee Wilkins	1971
Sprint Relay- 4/ 240	1:53.6	Dean Cline, Jim Collins,	
		John Conley, Jim Adams	1971
1600 Yd. Relay- 4/ 400	3:37.6	Earl Striae, Dave Howard,	
		Mike Redden, Brad Buzard	1972
Sprint Medley- 440,330,220,110	2:10.5	Brad Buzard, Ralph Noble,	
		Don Cunningham, Mike Hamman	1973
Sprint Medley-110,110,220,440	1:41.6	Jim Adams, Mike Beard,	1970
		John Conley, Terry Buzard	
Sprint Medley- 400,240,240,400	2:39	Lee Wilkins, Dean Cline,	
		John Conley, Brad Buzard	1972
Shuttle Hurdle Relay- 4/ 120	64.1	Jim Collins, Dean Cline,	1971
		Al Vogel, John Conley	